

Sizing chart



An assessment from a healthcare professional is recommended to confirm whether the indications and limitations listed below make the patient a candidate for the Xtern. Sizing can then be determined using the patient's foot width and length.

Clinical indications

- Drop foot
- Dorsiflexion weakness
- Peroneal nerve injury
- Idiopathic Toe-walking
- Charcot Marie Tooth (CMT)
- Stroke (CVA)
- Multiple Sclerosis (MS)
- Cerebral Palsy (CP)
- Hemiplegia
- Guillain-Barre Syndrome (GBS)
- Motor neuropathy
- Motor Neurone Disease (MND)
- Back injury or surgery
- Cancer
- Knee injury or surgery

Known clinical limitations

- × Inappropriate footwear
- × Gross fixed deformities of foot or ankle
- × Severe spasticity
- × Quadriceps weakness
- × Severe knee weakness
- × Crouch gait

SHOE SIZE					XTERN KIT SIZE SELECTION			
US			UK	EU	PRODUCT: 102100-SA-L	PRODUCT: 102100-SA-M	PRODUCT: 102100-SA-S	
MEN	WOMEN	KIDS			LARGE	MEDIUM	SMALL	
16				15.5	51	●		
15.5				15	50.5	●		
15				14.5	50	●		
14.5				14	49.5	●		
14				13.5	49	●		
13.5				13	48	●		
13				12.5	47.5	●		
12.5				12	47	●		
12				11.5	46.5	●		
11.5				11	46	●		
11				10.5	45	●		
10.5	11.5			10	44.5	●	●	●
10	11			9.5	44		●	
9.5	10.5			9	43		●	
9	10			8.5	42.5		●	
8.5	9.5			8	42		●	
8	9	8 Y		7.5	41.5	●		●
7.5	8.5	7.5 Y		7	40.5	●		●
7	8	7 Y		6.5	40			●
6.5	7.5	6.5 Y		6	39			●
6	7	6 Y		5.5	38.5			●
5.5	6.5	5.5 Y		5	38			●
5	6	5 Y		4.5	37.5			●
4.5	5.5	4.5 Y		4	37			●
4	5	4 Y		3.5	36			●
3.5	4.5	3.5 Y		3	35.5			●
3	4	3 Y		2.5	35			●
2.5	3.5	2.5 Y		2	34.5			●

● WIDE SHOE/FOOT



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